Comparing LLM ratings of conversational safety with human annotators

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1 Introduction

As large language models (LLMs) have gained broad use as conversational agents, there has been increased focus on aligning models to be safe and harmless. While methods like RLHF are intended to increase alignment with general "human preference" (Kirk et al., 2023), practically, safety becomes operationalized in specific ways due to model design choices (Santy et al., 2023). Annotators often disagree about what constitutes harmful content across demographic and cultural lines (Kumar et al., 2021; Davani et al., 2023), and recent data similarly finds demographic disagreements in perceptions of chatbot safety (Aroyo et al., 2023). As such, it is critical to evaluate how safety is encoded in LLMs. Probing an LLM's conception of safety can inform when the model may misalign with desired behavior in specific contexts or for specific user groups. Further, how an LLM evaluates safety has ripple effects on the broader AI ecosystem, as AI feedback increasingly replaces human feedback as a training signal (Bai et al., 2022) and evaluation metric (Lin and Chen, 2023).

In this project, we compare LLMs as annotators of user-chatbot conversational safety to a diverse body of human annotators. We use the DICES dataset (Aroyo et al., 2023), in which 350 userchatbot conversations are each annotated for safety by 112 annotators spanning 10 race-gender groups. We re-annotate each conversation for safety by fewshot prompting GPT-4 with the same instructions given to the annotators, and study three questions:

- **RQ1:** How do GPT-4 safety ratings compare to the entire pool of annotators?
- **RQ2:** Demographic subgroups of annotators often disagree about safety. Do model ratings align differently with different groups?
- **RQ3:** Can GPT-4 predict when race/gender groups disagree about safety?

2 Results

Overview of data and models. DICES consists of 350 multi-turn conversations (Aroyo et al., 2023), in which crowdworkers were instructed to discuss sensitive topics with the chatbot LaMDA (Thoppilan et al., 2022). Later, distinct crowdworkers spanning different race, gender, and age groups annotated the safety of the chatbot's responses. Every conversation was rated by each of the 112 annotators for five binary safety criteria: harm, unfair bias, misinformation, political affiliation, or increasing polarization. The five ratings are aggregated with an OR into a single overall binary rating.

We similarly annotated each conversation using GPT-4. We chose GPT-4 because it is the most widely used model for AI feedback (Cui et al., 2023; Sharma et al., 2024), and weaker models like GPT-3.5 did not correlate well with the annotators. Our description of the task in the prompt closely reflects the instructions given to annotators; the main difference is that we prompted GPT-4 to output a single Likert score from 1 (definitely safe) to 5 (definitely unsafe) that incorporates all five safety criteria simultaneously. We found that a single Likert score correlated better with the annotators and increased format compliance versus collecting five separate binary ratings split by criterion.

RQ1: GPT-4 ratings are on par with a single annotator. To evaluate alignment with the collective annotator pool, we compute Pearson correlation between GPT-4 Likert ratings and μ_{all} , the fraction of annotators who rated a conversation unsafe (ranging from 0 to 1). Evaluating directly against μ_{all} instead of rounding to a "hard label" better captures agreement with the entire annotator distribution, not just the majority (Plank, 2022). GPT-4's correlation with μ_{all} is r = 0.48 when using 1 to 5 ratings, and r = 0.45 when binarizing ratings at a threshold of 3. For comparison, a single annotator's correlation with μ_{all} has mean r = 0.51 and std 0.106 across the 112 annotators; GPT-4's binary rating correlation with μ_{all} is at the 35th percentile relative to all annotators.

We qualitatively analyze how GPT-4 ratings differ from μ_{all} . There are 22 conversations which GPT-4 rates safe (rating ≤ 2), but more than half of annotators rate as unsafe. Many (17 of 22) are the user asking for advice, usually medical, legal, financial, or relationship advice. The chatbot suggestions tend to be reasonable (e.g. "Yes, taking a vaccine will provide immunity"), but many annotators rate them as unsafe (specifically as harmful). Similarly, there are 15 examples which GPT-4 rates unsafe (\geq 3), but more than 80% of annotators rate as safe. These examples are often conversations where the user uses offensive or biased language, and the chatbot responds in a way that deflects the user but does not explicitly denounce their language. These examples offer insight into how LLMs and humans may both have reasonable, yet differing, conceptions of safety.

RQ2: The dataset is underpowered to detect group-specific differences in alignment. Prabhakaran et al. (2023) report statistically significant group differences in safety perception: for example, White men rate more conversations than average as safe, while Latinx and Multiracial raters rate more conversations as unsafe. Given this, we study whether GPT-4 ratings are more aligned with specific annotator subgroups. We compute correlations between GPT-4 ratings and μ_G , the fraction of annotators in group G who rate a conversation as unsafe; G ranges over the 10 race-gender subgroups. We test whether each group's correlation differs significantly from its null distribution, constructed by re-computing correlations across 1000 trials after randomly shuffling demographic labels but maintaining group sizes (Prabhakaran et al., 2023). None of the true group-model correlations fall outside of their respective null 95% CIs. These CIs are large (e.g., r = 0.33-0.52 for the Latinx female group), suggesting a lack of sufficient power to detect potentially impactful differences. However, preliminary evidence suggests that alignment with GPT-4 varies as much within groups as it does across the entire population of annotators: the average std of rater-model correlations within a group is 0.106, similar to the std of 0.115 across all raters. As such, characteristics besides demographics may be necessary to understand why GPT-4 ratings do or do not align with particular annotators.

RQ3: GPT-4 does not predict demographic disagreements. Given that demographic subgroups often disagree, we can directly assess whether an LLM captures these disagreements. A disagreement-aware model could make more accurate predictions on whether a particular group of users is at risk of harm, which could be valuable during deployment (Gordon et al., 2022; Fleisig et al., 2023). We design an experiment to test for disagreement-awareness as follows: for a pair of groups G_1 and G_2 , we prompt the LLM to output group-specific Likert scores, $f(G_1)$ and $f(G_2)$. We compare the group-specific ratings with the true difference in safety ratings, $\mu_{G_1} - \mu_{G_2}$. If the LLM is well-calibrated to each group's (possibly differing) perception of safety, it should output a higher score for the group that is more likely to be harmed. We observe no such evidence: though $\mu_{G_1} - \mu_{G_2} > 0.2$ for many conversations¹, $mean(f(G_1))$ is not significantly different from $mean(f(G_2))$ on these high-disagreement examples for any group pairs we tested.

3 Discussion

Much recent literature has focused on user disagreements about hate speech (Kumar et al., 2021) and how algorithms should address them (Davani et al., 2022; Fleisig et al., 2023). Despite calls for pluralism in model alignment (Sorensen et al., 2024), little work so far has focused on the subjectivity of safety in LLMs. Our experiments apply the recent DICES dataset to probe how well an LLM's conception of safety matches diverse groups of annotators. In RQ1, we find that GPT-4 ratings contain similar signal to an individual annotator. GPT-4 has idiosyncrasies, such as rating high-stakes advice as safer than most annotators do. In RQ2, we find that we lack statistical power to identify group differences in alignment, but correlation with individual annotators within groups varies substantially. In RQ3, we fail to find evidence that GPT-4 can identify which demographic groups will find the chatbot more unsafe when groups disagree, reflecting that human annotations continue to be necessary to understand disagreements. More datasets, with more annotations per example and spanning a larger variety of conversations, will improve our ability to rigorously assess how well LLMs adhere to diverse conceptions of safety.

¹Substantial disagreement, *i.e.*, the fraction of unsafe ratings differs by 0.2; results hold at other thresholds.

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